



RODALE
INSTITUTE™

PLANTING GUIDE



ORGANIC PLANT SALE

April 5-7, 2018 | 10AM-4PM

611 Siegfriedale Road | Kutztown, PA

NAME	VARIETY	SPACING BETWEEN PLANTS	DAYS TO MATURITY FROM SEED	MORE INFORMATION
Beet	Bull's Blood	12-24"	35 baby leaf, 60 beet	Striking dark red-purple leaves provide incredible contrast in salad mixes.
	Chioggia	24"	60	Unique and beautiful candy-striped beet.
Broccoli	De Cicco (Italian Heirloom)	12-18"	48	Heirloom. Italian variety, multi-cut, tender stalks, mild flavor.
	Gypsy	18-24"	37	Dark green leaves, purple stems and sweet, petite florets.
Cabbage	Bilko (Napa)	12-18"	63	Napa type. Hybrid. Disease-resistant, crispy, tender texture.
	Famosa	12-18"	68	Savoy type with tender green leaves. Best cooked.
	Farao F1 (Green)	12-18"	65	Delicious tender and crisp peppery sweet leaves.
	Red Express (Red)	8"	62	Open pollinator. Small cabbage, fresh market.
Cauliflower	Goodman (Spring or Fall)	12-18"	65	Open pollinator. Well rounded white heads.
Chives	---	2-8"	90	Excellent for processing.
Cilantro	---	4-6"	50-55	Leaves, seeds and flowers are edible.
Collards	Champion	12-18"	70	Open pollinator. Productive and Hardy.
Dill	---	24"	45-55 leaf, 95 seed	Open pollinator. Great as a fresh herb, seed and flower.
Endive	Frisee	8-12"	50	Slow bolting, frilly leaves.
Fig	Brown Turkey	10-20'	1-2 years	Smaller for easy gifting and group planting.
	Celeste	7-10'	1-2 years	Sweet as sugar with a smooth rich flavor.
Freesia	Nano	3"	12 weeks	These flowering beauties will capture your heart!
Kale	Lacinato	12-18"	60	Heirloom. Also known as Dinosaur or Tuscan kale. Tender kale.
	Red Russian	12-18"	50	Heirloom. Purple stem, sweet.
	Siberian	12-18"	60	Curly dark green leaf. Flavor improved by frost.
Lavendar	Platinum Blonde	18-24"	1-2 years	Compact, varied leaves make this a great option for small places.
	Phenomenual	18-24"	1-2 years	Great lavender that will withstand heat and cold.
	Provence	18-24"	1-2 years	Rare culinary use. Used for fragrance. Both flowers & foliage are strongly scented.
Leek	Megaton	6"	90	Long thick with upright blue green leaves.
Lettuce	Freckles	8-12"	55	Heirloom. Bright green with red freckles.
	Green Towers	8-12"	60	Open pollinated. Standard, green, full bodied romaine.
	Magenta	8-12"	48	Open pollinated. Red and green leaf.
	Red Sails	8-12"	27	Burgundy and green ruffles. Red leaf.
Lemon Balm	---	18"	70 days to flower	Strongly aromatic herb with lemony fragrance and excellent medicinal and culinary qualities.
Lemon Verbena	---	18"	60 days	Herb great for fish, poultry, salads and dressing.
Marjoram	Zatara	12-18"	85 days to flower	A blend of sweet pine and citrus flavors dressings and meat.
Mint	Mojito	8"	45	Open pollinator. Lacy, frilly leaves. Spicy, use for brazing.
	Peppermint	8"	40	Open pollinator. Cut and come again, mild flavor.
	Chocolate	18-24"	90-120 days	A delectably sweet topping for fruit and ice cream alike, also great for hot tea.
	Apple	18-24"	90-120 days	Apple Mint is both less invasive than other mint plants and has a sweeter flavor.
	Spearmint	18-24"	90-120 days	Add a fresh flavor to meals or drinks, can be used as a medicinal herb.
Mustard	Ruby Streaks	18"	20 baby, 45 full size	Deeply-lobed, lacy baby leaves with deep purple highlights.



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Pac Choy	Shanghai Green	6-8"	45	Dense large green leaves with mild flavor. Very uniform
Parsley	Italian	8-12"	70	Open pollinated. Flat, large leaves, cut and grow back.
	Moss Curled	8-12"	75	Open pollinated. Intensely curly leaves. Takes the cold better than flat leafed.
Raddichio	Palla Rosa	---	90	Dense heads over long harvest. Well-wrapped, dense magenta heads. Leaf cuttings all season.
Rosemary	Barbeque	11-12"	---	Use the stems for the grill and add flavor to your food.
	Officialis Upright	12-18"	---	Easy to grow, great ornamental plant. perennial.
Rumex	Raspberry Dressing	---	---	---
Sage	Berggarten	12-16"	80	Also known as garden sage. Oval leaves with classic earthy aroma and flavor.
	Intensia (Gray)	---	---	---
Savory	Winter	8"	100	Thick and shiny leaves. Flavor is pungent and biting.
Shallot	Conservor	3-4"	100	Hybrid. Tear-drop shaped bulb with pale pink flesh and rosy pink-brown skin that is easy to peel.
Spinach	Corvair	1-2"	40	Hybrid. Oval leaves are medium to dark green and upright for easy harvesting.
Strawberry	Everbearing	---	---	---
	Junebearing	---	---	---
Tarragon	French	18"	90	Classic culinary herb. Use fresh or dried. Grows best in light soil with full sun.
Thyme	English	8"	90	Classic thyme flavor and aroma.
	French	8"	90	Great culinary use. Adds fragrant aroma to garden. Attracts honey bees.
Onion	Sierra	3-4"	109	Hybrid. Produces uniform, large, white-skinned onions with mild flavor and thick rings.
	Redwing	3-4"	118	Hybrid. Dark purple glossy skin and magenta interior rings. Long storage.
	Yankee	3-6"	108	Hybrid. Medium yellow, sized bulb, stores well.
	Zoey	6"	107	Large bulbs with mild flavor good for using raw.
Oregano	Greek	12"	80	Traditional for pizza & pasta sauce. Low growing plants with dark green leaves & white flowers.
	Italian	12-18"	80	Open pollinated. Flat, large leaves, cut and grow back.



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